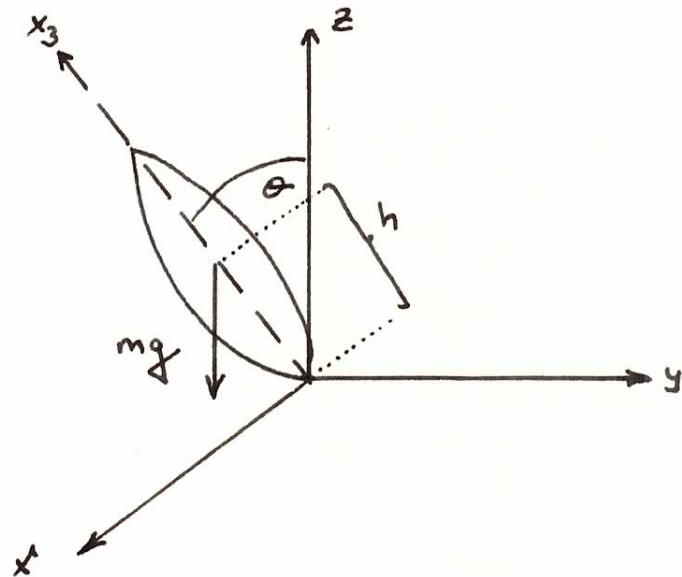


7.6 Symmetric Top in a Gravitational Field

$$I_1 = I_2 \neq I_3$$

Lowest point is fixed



Lagrangian: $L = T - U$ $U = mgh \cos\theta$

$$T = \frac{1}{2} I_i \omega_i^2$$

$$= \frac{1}{2} I_1 (\dot{\phi}^2 \sin^2\theta + \dot{\theta}^2) + \frac{1}{2} I_3 \dot{\psi}^2$$

$$\begin{aligned}\omega_1^2 &= (\dot{\phi} \sin\theta \sin 2\psi + \dot{\theta} \cos 2\psi)^2 \\ &= \dot{\phi}^2 \sin^2\theta \sin^2 2\psi + 2\dot{\phi} \dot{\theta} \sin\theta \sin 2\psi \cos 2\psi + \dot{\theta}^2 \cos^2 2\psi\end{aligned}$$

$$\begin{aligned}\omega_2^2 &= (\dot{\phi} \sin\theta \cos 2\psi - \dot{\theta} \sin 2\psi)^2 \\ &= \dot{\phi}^2 \sin^2\theta \cos^2 2\psi - 2\dot{\phi} \dot{\theta} \sin\theta \cos 2\psi \sin 2\psi + \dot{\theta}^2 \sin^2 2\psi\end{aligned}$$

$$\Rightarrow \omega_1^2 + \omega_2^2 = \dot{\phi}^2 \sin^2\theta + \dot{\theta}^2$$

$$\omega_3^2 = (\dot{\phi} \cos\theta + 2\dot{\psi})^2$$